



Camp Occohannock Polar Duck Dip

INFORMATION SHEET

Saturday, January 28, 2012

with **Registration by January 19, 2012**



Camp Occohannock will host the third annual **Polar Duck Dip** on Saturday, January 28, 2012. Plan to arrive at 11 AM and join other “ducks” to take a dip in the Occohannock Creek at 12 noon. Registration fee is \$20.00 and if registered by January 19th, you will receive an original sweatshirt, commemorating the event. Individual Polar Ducks are requested to solicit sponsors in support of their participation in the Polar Duck Dip.

As an Individual Polar Duck Dipper you will receive a commemorative sweatshirt if your registration is received by January 19th. Additionally, for total contributions of:

\$250 or more Polar Ducks will receive a commemorative coffee mug;

\$500 or more Polar Ducks will receive an embroidered towel and commemorative coffee mug;

\$1,000 or more Polar Ducks will receive an embroidered towel, commemorative coffee mug and Camp base ball cap;

\$2,000 or more Polar Ducks will receive an embroidered towel, commemorative coffee mug, Camp base ball cap and embroidered fleece jacket.

Polar Duck Dipper Tips: 1) Bring a robe for warmth while waiting to plunge and after drying off. 2) Bring water shoes for safety and warmth. 3) Bring extra towels or a blanket for warmth. 4) Wear layered loose fitting clothing . . . easier to get into when fingers are cold. 5) Plunge with friends. Recruit others to participate! 6) No diving or entering water head first!

Contact the Camp office at 757-442-7836 for the sponsor and waiver forms or you may visit www.ootbay.org or www.easternshoredistrictumc.org to access and print the forms. Parents/legal guardians must be present with their child(ren) from the beginning of the event until the child leaves the premises.

Afterwards, enjoy chili, Pigs-in-a-Blanket, Miss Emily’s cinnamon buns, and other assorted goodies!

Exmore Fire Department and lifeguards will be on site should any emergency assistance be necessary. This event is to support the ministries of Camp Occohannock. Spectators are welcomed! Come and support one of the Eastern Shore’s greatest treasures. Camp Occohannock, 9403 Camp Lane, Belle Haven, VA 23306